



COME AND JOIN US....

Improve fitness, minds and your local green space. It's free and no experience is needed. Thursdays 10am - 12pm, refreshments after.

02/10/25: Beech Hurst Gardens, Haywards Heath - meet on the lawn by the kiosk cafe.

09/10/25: St Johns Park, Burgess Hill - meet by the central roundabout flowerbeds.

16/10/25: Victoria Park, Haywards Heath - meet at the entrance off South Road by the bollards.

23/10/25: Clair Park, Haywards Heath - meet by the cricket club pavilion, RH16 3DN.

30/10/25: Blunts Wood, Haywards Heath - meet at the car park, end of Blunts Wood Crescent, RH16 1NE

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