



## MID SUSSEX HEALTHY WALKS Winter 2024 - 2025

### Walk Levels:

**Level 1:** 30 minutes on paved paths. No stiles.

**Level 2:** 30 minutes - 1hr (1.5 - 2.5 miles) some un-surfaced paths. No stiles, hills will be encountered.

**Level 3:** 1 - 1.5hrs (max. 3.5 miles) on un-surfaced paths. Some stiles and hills.

**Level 4:** 1.5 - 2hrs (max. 5 miles). Stiles and hills.

**Level 5:** 2 - 3hrs (max. 7 miles). Stiles, steep hills, faster pace.

These walks are free and provided by Glendale Countryside Services for MSDC with the kind help of all our walk leaders who are volunteers.

### Important Information

- Walkers, if you have not registered before with us please do so before your first walk, via the MSDC website (this only needs to be done once)
- The start times are the time the walk departs; please arrive 10 minutes prior to the start time.
- If a walk is cancelled we will endeavor to update the online programme and website.
- Extra walks may be added to the programme – please check the website regularly for updates.
- We reserve the right to change or cancel a walk without notice.
- Please wear suitable clothing and footwear.
- Children under 16 must be accompanied by an adult.
- We expect walk leaders to be treated with respect at all times.
- Well-behaved dogs are welcome on our walks, but please refer to our webpage for more information.
- If you would like to become a volunteer walk leader please contact the Countryside Rangers.

**[rangers.midsussex@glendale-services.co.uk](mailto:rangers.midsussex@glendale-services.co.uk)**

**[www.midsussex.gov.uk/healthywalks](http://www.midsussex.gov.uk/healthywalks)**



Version 1

## October 2024

- 01 October, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 02 October, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 04 October, Friday, 9.30am, Bolney** LEVEL 3  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233
- 07 October, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 09 October, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 10 October, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 16 October, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248
- 16 October, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 17 October, Thursday, 10am, Scaynes Hill** LEVEL 4  
Meet at Scaynes Hill Recreation Ground, off A272, Scaynes Hill, RH17 7PG. Grid Ref: TQ 367 233
- 18 October, Friday, 10am, Burgess Hill** LEVEL 3  
Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT
- 21 October, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 22 October, Tuesday, 10am, Beech Hurst** LEVEL 2  
Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239



**22 October, Tuesday, 10am, Lower Beeding** LEVEL 5  
Meet at Lower Beeding Village Hall, Leechpond Hill, Lower Beeding, RH13 6NR.  
Park at back of hall, at the far end.

**23 October, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield,  
RH16 2EB

**24 October, Thursday, 10am, Camel Walk** LEVEL 5  
Meet at Chailey Sports Ground Car Park, Haywards Heath Road, North Chailey,  
BN8 4EY

**24 October, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16  
4QA

**30 October, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield,  
RH16 2EB

**31 October, Thursday, 10am, Ditchling** LEVEL 3  
Meet at Ditchling Parish Council Car Park, Keymer Road, Ditchling, BN6 8TR. Grid  
Ref: TQ323 152

## November 2024

### **01 November, Friday, 9.30am, Bolney**

LEVEL 4

Meet at the Bolney Stage, London Road, Bolney, RH17 5RL  
Grid Ref: TQ 265 238

### **04 November, Monday 10am, Hurstpierpoint**

LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

### **05 November, Tuesday, 10am, Lindfield**

LEVEL 2

Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL

### **06 November, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

### **07 November, Thursday, 10am, Ardingly**

LEVEL 5

Meet in Layby opposite Ardingly Showground, Selsfield Road (B2028), Ardingly, RH17 6TJ. Grid Ref: TQ 345 305

### **13 November, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

### **14 November, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

### **18 November, Monday 10am, Hurstpierpoint**

LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

### **20 November, Wednesday, 9.30am, Cuckfield**

LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

### **20 November, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

### **20 November, Wednesday, 10am, Malthouse Lane Meadows** LEVEL 2

Meet outside the entrance to the Tesco Superstore (by the cash machine), Hammonds Farm, Burgess Hill, RH15 9QT. Free parking is available, by kind permission of the Manager, but please do not park in the area immediately in front of the store entrance but at the back of the car park.

**21 November, Thursday, 10am, Burgess Hill**

LEVEL 4

Meet at Burgess Hill Burial Ground car park, Jane Murray Way, entrance opposite York Way.

**26 November, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**27 November, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**28 November, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**29 November, Friday, 10am, Burgess Hill**

LEVEL 3

Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT

## December 2024

### **02 December, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

### **03 December, Tuesday, 10am, Lindfield** LEVEL 2

Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL. There will be a Christmas lunch afterwards at The Red Lion, Lindfield. The meal needs to be pre booked with the Lindfield Level 2 walk leader.

### **03 December, Tuesday, 10am, Balcombe** LEVEL 5

Meet opp. Victory Hall (no parking in Hall car park), Stockcroft Road, Balcombe, RH17 6HP. Grid Ref: TQ 309 306

### **04 December, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

### **05 December, Thursday, 10am, South Downs** LEVEL 5

Meet at Jack & Jill Car Park (Windmills), Mill Lane (off Clayton Hill), Clayton, BN6 9PG. Grid Ref: TQ 303 134

### **06 December, Friday, 9.30am, Bolney** LEVEL 4

Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233. There will be a lunch afterwards at The Rawson Hall. The meal needs to be pre booked with the walk leader.

### **11 December, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

### **12 December, Thursday, 10.15am, Up and Amble** LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

### **16 December, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

### **18 December, Wednesday, 9.30am, Cuckfield** LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

### **18 December, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB

**18 December, Wednesday, 10am, Ditchling**

LEVEL 2

Meet at Ditchling Parish Council Car Park, Keymer Road, Ditchling, BN6 8TR Grid  
Ref: TQ32 3153

**19 December, Thursday, 10am, Wivelsfield**

LEVEL 3

Meet at Wivelsfield Green Recreation Ground, Eastern Road, Wivelsfield  
RH17 7Q

## January 2025

- 02 January, Thursday, 10am, South Downs** LEVEL 5  
Meet at Jack & Jill Car Park (Windmills), Mill Lane (off Clayton Hill), Clayton, BN6 9PG. Grid Ref: TQ 303 134
- 03 January, Friday, 9.30am, Bolney** LEVEL 3  
Meet at Bolney Recreation Ground, Batchelors Field (Rawson Hall), The Street, Bolney, RH17 5PG. Grid Ref: TQ 262 233 Option of staying after to purchase lunch in the café.
- 06 January, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 07 January, Tuesday, 10am, Lindfield** LEVEL 2  
Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL
- 08 January, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB
- 09 January, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA
- 15 January, Wednesday, 10am, Lindfield** LEVEL 1  
Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.
- 15 January, Wednesday, 10.30am, Bedelands** LEVEL 2  
Meet at Leylands Park car park, Maple Drive, Burgess Hill, RH15 8DL. Grid reference: TQ 317 202
- 17 January, Friday, 10am, Burgess Hill** LEVEL 3  
Meet outside the Kings Weald Co-Op, 12 Terracotta Lane, Kings Weald, Burgess Hill, RH15 0NT
- 20 January, Monday 10am, Hurstpierpoint** LEVEL 3  
Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY
- 22 January, Wednesday, 9.30am, Cuckfield** LEVEL 2  
Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248
- 23 January, Thursday, 10.15am, Up and Amble** LEVEL 2  
Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA



**28 January, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**29 January, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**30 January, Thursday, 10am, Whitemans Green**

LEVEL 3

Meet at Whitemans Green Recreation Ground, Whitemans Green, Cuckfield, RH17 5HX. Grid Ref: TQ 301 256

## February 2025

**03 February, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**04 February, Tuesday, 10am, Lindfield** LEVEL 2

Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL

**05 February, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**07 February, Friday, 9.30am, Bolney** LEVEL 3

Meet at the Bolney Stage, London Road, Bolney, RH17 5RL  
Grid Ref: TQ 265 238

**12 February, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**13 February, Thursday, 10am, Ardingly** LEVEL 3

Meet in Layby opposite Ardingly Showground, Selsfield Road (B2028), Ardingly, RH17 6TJ. Grid Ref: TQ 345 305

**13 February, Thursday, 10.15am, Up and Amble** LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**17 February, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**19 February, Wednesday, 9.30am, Cuckfield** LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**19 February, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**19 February, Wednesday, 10am, Malthouse Lane Meadows** LEVEL 2

Meet outside the entrance to the Tesco Superstore (by the cash machine), Hammonds Farm, Burgess Hill, RH15 9QT. Free parking is available, by kind permission of the Manager, but please do not park in the area immediately in front of the store entrance but at the back of the car park.



**20 February, Thursday, 10am, Ditchling**

LEVEL 4

Meet at Ditchling Parish Council Car Park, Keymer Road, Ditchling, BN6 8TR Grid Ref:TQ323152

**25 February, Tuesday, 10am, Beech Hurst**

LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**25 February, Tuesday, 10am, Tablehurst Farm**

LEVEL 5

Meet at Tablehurst Farm (car park located past the shop & café), London Road, Forest Row, East Sussex, RH18 5DP

**26 February, Wednesday, 10am, Lindfield**

LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**27 February, Thursday, 10.15am, Up and Amble**

LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

## March 2025

**03 March, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**04 March, Tuesday, 10am, Lindfield** LEVEL 2

Meet at Lindfield Common Car Park (by tennis courts), West View, off Lewes Road, Lindfield, RH16 2LL

**05 March, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**06 March, Thursday, 10am, Burgess Hill** LEVEL 3

Meet at Janes Lane Recreation Ground, Janes Lane, Burgess Hill, RH15 0QJ

**07 March, Friday, 9.30am, Cowfold** LEVEL 4

Meet at Cowfold Recreation Ground, off A272, Cowfold, West Sussex, RH13 8BL.  
Grid Ref: TQ 214 226

**12 March, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**13 March, Thursday, 10am, Danny** LEVEL 4

Meet at Clayton Recreation Ground, Underhill Lane, Clayton, BN6 9PJ. Map Ref: TQ 300 140

**13 March, Thursday, 10.15am, Up and Amble** LEVEL 2

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**17 March, Monday 10am, Hurstpierpoint** LEVEL 3

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY

**18 March, Tuesday, 10am, Beech Hurst** LEVEL 2

Meet at Beech Hurst Gardens Car Park, Butlers Green Road, Haywards Heath, RH16 4BB. Grid Ref: TQ 323 239

**19 March, Wednesday, 9.30am, Cuckfield** LEVEL 2

Meet at Cuckfield Recreation Ground, High Street, Cuckfield (near the Queens Hall), RH17 5EL. Grid Ref: TQ 303 248

**19 March, Wednesday, 10am, Lindfield** LEVEL 1

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.



**19 March, Wednesday, 10am, Malthouse Lane Meadows LEVEL 2**

Meet outside the entrance to the Tesco Superstore (by the cash machine), Hammonds Farm, Burgess Hill, RH15 9QT. Free parking is available, by kind permission of the Manager, but please do not park in the area immediately in front of the store entrance but at the back of the car park.

**20 March, Thursday, 10am, Balcombe LEVEL 4**

Meet opp. Victory Hall (no parking in Hall car park), Stockcroft Road, Balcombe, RH17 6HP. Grid Ref: TQ 309 306

**26 March, Wednesday, 10am, Lindfield LEVEL 1**

Meet at Lindfield Common Car Park (by notice board), Backwoods Lane, Lindfield, RH16 2EB.

**27 March, Thursday, 10.15am, Up and Amble LEVEL 2**

Meet at Ashenground Bridge, end of Ashenground Road, Haywards Heath, RH16 4QA

**31 March, Monday 10am, Hurstpierpoint LEVEL 3**

Meet at Trinity Road Car Park, Trinity Road, Hurstpierpoint, BN6 9UY