

## Newspaper and Toilet Roll Seed Pots

You will need any number of toilet-roll inner tubes, old newspaper pages, some compost and seeds/beans to sow.

1. Cut the toilet tubes in half



2. Tear or cut a newspaper sheet into quarters.
3. Fold the newspaper rectangle carefully around the tube, making sure the bottom is covered. Start with one long end, fold paper around and tuck in the other long end. Squeeze paper around tube to hold in place.





4. Fill the paper pots with a small amount of compost and add seeds or beans. Place on a tray, saucer, upturned bucket lid or other waterproof surface and water.
5. When the seeds have come up and seedlings are ready to plant out, the pot and contents can be planted as a whole, because roots will break through the thin layer of paper as the plant grows.

