

Make a Colourful Bracelet

You will need:

- A piece of thin card from a tea box, cereal box or other packaging
- Thin knitting cotton or wool in pretty colours – you can use up to 7 different colours or make it all in one colour, it is up to you. You only need small amounts.
- A pair of scissors, a pen and a ruler as well as a large jar lid to draw around.



First, draw a circle around the jar lid onto the plain side of the piece of card. With the ruler and pen draw 2 lines between opposite sides to make a cross, then draw two more in between so you have 8 sections (see picture).

Next, cut a small 5mm slit at the end of each line (this will hold the string in place later). Carefully push the pen through the centre to make a small hole.



Cut 7 threads of about an arm's length (approx. 40 cm).



Tie a knot at one end, leaving a little bit hanging at the end for fastening off later.

Push the knot through the hole, straighten the threads, then pull the knot back up gently, so it sits just under the hole in the card.

On top of the card, place each thread through one of the slits. You will find that one slot stays empty. Count 3 threads to the right from the empty slot (below the pale pink string) and pull it out of the slot.



Move it over the threads to your left, to the empty slot and pull down so it is held in place.

Now go to the new empty slot, count three threads to the right and move this thread (here it would be the dark pink one) three places back to fix it in the empty slot. Move to the next empty slot etc. As you continue doing this, a woven cord will appear underneath the circle (a bit like French knitting).



Continue to rotate the circle and move the threads until the cord is long enough to fit your wrist with a little bit of extra space.

Carefully undo the threads and pull the bracelet away from the card. Knot the trailing threads together like you did at the beginning (you should now have a knot at each end) and cut the ends to make little tassels and tidy up.

Place around your wrist and tie the ends together with a double knot (or get somebody to tie it for you).

Why not try some different colour combinations and make presents for family and friends!

