# Outreach Support for Older People



Visiting support for older people in Chichester and Mid Sussex





### How can In Touch help me?

If you are aged 60 or over In Touch can support you to stay living independently.

We can visit you at home and help you work out what support you personally need to keep living independently.

#### We can support you to:

- Claim any welfare benefits you are entitled to
- Liaise with your landlord or mortgage company
- Understand your tenancy or mortgage arrangement
- Find more suitable accommodation
- Set up or change utility suppliers
- Take part in healthy living activities
- Obtain specialist debt advice
- Find out about local groups or activities in your area
- Ensure your home is safe
- Resolve disputes or other issues with your neighbours



#### You may need housing support from In Touch if you:

- Are finding it difficult to live independently; or
- Are living in a property that is not suitable; or
- Are at risk of losing your home; or
- Have rent or mortgage arrears or other money or debt issues; or
- Are homeless or in temporary accommodation

In Touch is funded by West Sussex County Council to provide this confidential, short-term service.



# If you want to find out more about In Touch and you live in Chichester contact:

Phone: 0207 089 3300

Email: chichesteroutreach@familymosaic.co.uk

## If you live in Mid Sussex contact:

Phone: 0207 089 3298

Email: midsussexoutreach@familymosaic.co.uk

We have access to interpreters and can provide information in a variety of formats



