



COME AND JOIN US....

Improve fitness, minds and your local green space. It's free and no experience is needed. Thursdays 10am - 12pm, refreshments after.

08/01/26: Lindfield Common Black Hill - meet at the car park on the corner of Backwoods Lane.

15/01/26: Bedelands, Burgess Hill - meet at Leylands Park, RH15 8DL

22/01/26: Ashplats, East Grinstead - meet at Stirling Way, RH19 3HG

29/01/26: Blunts Wood, Haywards Heath - meet at the car park, end of Blunts Wood Crescent, RH16 1NE

rangers.midsussex@glendale-services.co.uk
01273 751309